



## CPD 101 Post-Test

- 1) How was Continuing Professional Development defined by the five-state pharmacy pilot?
  - a. Structured process or activity of education designed or intended to support the continuous development of pharmacists to maintain and enhance their professional competence
  - b. Self-directed, ongoing, systematic and outcomes-focused approach to learning and professional development
  - c. Reflection, planning, action, evaluation and documentation
  - d. All of the above
- 2) Which of the following is not a characteristic of traditional CE activities?
  - a. Needs are predetermined by the CE provider
  - b. Relevance of program content may be absent
  - c. Directed by others
  - d. All of the above are characteristics of traditional CE activities
- 3) Which of the following are characteristics of CPD? Circle all that apply:
  - a. Motivation is driven by external factors
  - b. Needs are self identified
  - c. Process is directed by others
  - d. Learning and planning are cyclical and ongoing
- 4) List the components of CPD
- 5) True / False: CPD in the United States is being driven by legislation as a replacement of traditional CE.

6) Which of the following are methods that can increase the effectiveness of CE activities? Circle all that apply:

- a. Activity is selected because of a professional learning need
- b. Activity is relevant to an individual's daily pharmacy practice
- c. More CE credit is allocated to the activity
- d. All of the above are methods

7) True / False: Self-appraisal and assessment are additional terms for reflection

8) What do the letters SMART refer to in SMART learning objectives?

- a. Scientific, Measurable, Analytical, Researched, and Timed
- b. Suitable, Measurable, Abbreviated, Referenced, and Timed
- c. Specific, Measurable, Assessable, Realistic, and Timed
- d. Specific, Measurable, Achievable, Relevant, and Timed

9. What are some potential outcomes of the evaluation phase in CPD?

- a. Determine if learning objectives have been met
- b. Determine if and how practice changes have occurred
- c. Identification of additional reflection, planning, and action needed to complete the learning objective
- d. All of the above are potential outcomes of evaluation

10. Complete the following statement developed by the Chartered Institute of Personnel and Development (CIPD): "Wherever you are on your development path..."

- a) Prepare to move forward
- b) Prepare to be overwhelmed
- c) Prepare to be prepared
- d) Prepare to use CPD